**Faculty Profile**



PASSPORT SIZE PHOTO

Faculty Name : Dr. MANU CHAKRAVARTHY.S

Designation : Assistant Professor

PEN : 401480

Department : Physical Education

Is HOD : No

Permanent Address : Chozhan House, Manalthod, K.K. Pathy Post, Chittur, Palakkad

Contact Number : 9809756022, 7559956022

Email : [chakrujudo@gmail.com](mailto:chakrujudo@gmail.com), drmanu@chitturcollege.ac.in

Experience Details : 5 Years of service in Govt.High Schools , 7 Years in College Level

**Educational qualifications**

|  |  |  |
| --- | --- | --- |
| **Course** | **University/ Institution** | **Year of Pass** |
| UG | University of Calicut / Govt.College Chittur | 2002 |
| PG | University of Calicut/ Calicut University Campus | 2004 |
| M Phil | NA |  |
| Ph D | University of Calicut | 2021 |
| Postdoc |  |  |
| Others (Specify) |  |  |
|  |  |  |

**Broad Area of Research :**

**Publications** (Newest first)

1. Prevalence of Low Back Pain Among Various Government Subordinate Servants in Palakkad District, ISSN: 2348-2397, 29-03-2021
2. Prevalence of Cervical Pain Among Chitti Collection Agents in Palakkad District. ISSN: 2231- 3990, May 2020
3. Effect of selected core strengthening workouts & Balanced diet in reducing weight among college teachers under Calicut University, ISSN: 2456-0057, 01-01-2020
4. Prevalence of mechanical low back pain among school teachers in Palakkad district, ISSN: 2456-4419, 01-01-2020

**Books/ Chapters Published**

1.

2.

**Paper Presentations**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sl No** | **Title of paper** | **Name of Conference** | **Date** |
| **1** | **Back Pain: A Universal Language** | **Ergogenic Aids in Sports.** Effects, Risks & Alternatives | **March 27th & 28th 2009** |
| **2** |  |  |  |

**Areas Of Interest :**

* Exercise Physiology & Sports training
* Research Methodology & Statistics

**Field of Research :**

* **Exercise Physiology & Sports training**

**Research Projects and Grants**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sl No** | **Title** | **Funding Agency** | **Amount Sanctioned** | **Year** |
| **1** | **NA** |  |  |  |
| **2** | **NA** |  |  |  |

**Research Guideship Details**

Number of students registered for Ph D : NA

Number of students awarded : NA

**Seminars / Workshops Organized**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sl No** | **Name of the Programme** | **Venue** | **Date** |
| **1** | **NA** |  |  |
| **2** | **NA** |  |  |

**Professional Appointments** (Such as Chairman, Director etc)

|  |  |  |  |
| --- | --- | --- | --- |
| **Sl No** | **Position** | **Name of Institution/Body** | **Date/Year** |
| **1** | **University Team Selection Committee member in Judo, Wrestling, Kho-Kho, Kabaddi, Aquatics** | **University of Calicut** | **2015 onwards** |
| **2** | **University external examination Committee member in Judo, Kho-Kho & Kabaddi** | **University of Calicut** | **2015 onwards** |

**Recognition and Awards**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sl No** | **Name of Award** | **Agency** | **Year** |
| **1** | **NA** |  |  |
| **2** | **NA** |  |  |

**Academic & Administrative Responsibilities**

1. **Member - College Admission Committee**
2. **Member – College Canteen Committee**
3. **Member – College Staff Club Executive Committee**

**Any Other Details to Specify:**