

Programme 46 - Mental Health Awareness Programmes 2022-23

**Government College Chittur
Palakkad – 678 104**


**JEEVANI CENTRE FOR MENTAL HEALTH
AND WELL-BEING
2022-2023**

Web : <https://chitturcollege.ac.in/> | Email : club/cell official email id

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List of programmes conducted in the academic year YYYY-YYYY (June 1 to May 31)

S L	Title of the programme	Type (Seminar/ Debate/ Poster presentation / Workshop / Camp etc	From	To	Convener / Coordinator with department
1	Jeevani counsellor Anjana C P was appointed on October 25, 2022				Dr.SREEJ A K T Dept.of Music
2	Room was acquired for Jeevani				
3	Awareness class was conducted on all classes about the jeevani counselling services				
	Poster was prepared about jeevanicounseling that will help to reach out directly among the students very immensely				

Brochure- Mental Health Awareness Programmes 2022-23




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Brochures & Photos- Mental Health Awareness Programmes 2022-23

				
<p>On 25th November official meeting was conducted on google meet about the further developments and functions of jeevanicenter for mental health and well-being programme. presidenti al address was done by Principal Dr. Anurada V.K. the chief guest was clinical psychologist SarathSundar.</p>				
<p>The inauguration of jeevani centre for mental health and well-being was done on November 30 Wednesday on M.G hall, inaugurated by psychologist VijithaPremsundar.</p>				



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<p>The inauguration of jeevani mental health programme is reported by mathrubhumi newspaper on 1/12/2022.</p>				
<p>Shot film contest was called for GCC students on the theme "happiness day" which brings out a positive attitude among students</p>				
<p>Public poster was circulated as a reminder of international day of happiness to put it on as status.</p>				
<p>Total 77 cases were reported from 25th October to march 30. Different types of cases were reported from the very short period of time.</p>	<p>Individual Counselling</p>	<p>25-10-2022</p>	<p>30-03-2023</p>	

Name & Signature of the department head/ Co-ordinator

Certified that the details of all the programmes listed above have been

received by the IQAC in in proper format .



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IQAC Coordinator

(Name)

Chittur

(Date)

Note : A copy of this is to be retained by the IQAC co-ordinator.




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